

Heritage U 2016 Class Catalog - June 2nd

Session Name	Session Description	Session Number
Stand Up and Own It! *REQUIRED SESSION!	Officer Silva & Staff Sergeant	Session 1, 2, & 3 *REQUIRED SESSION! LOCATION: Main Gym
Fun with Chemistry	Do you love to mix strange things up and see what happens? Are you interesting in finding new ways to solve old problems? If so, then fun with chemistry is for you! In this course you will get the opportunity to conduct some of the classic science experiments all in the name of FUN!	Session 1 only! LOCATION: Room 109
SportsCenter	2016 has already been very exciting in the world of sports. And as we look to the future it's fun to predict what will happen next? Topics such as, will we be alive to witness a Cubs World Series? Who is the future of the NBA? What will this summer's biggest stories be at the Olympics? Through research as well as personal opinion, this roundtable discussion will explore the people and events that students feel will be worth remembering when they reflect on the years ahead in the world of sports. Topic will be selected to meet the interests of the fans in attendance.	Session 2 only! LOCATION: Room 146

Heritage U 2016 Class Catalog - June 2nd

The Kahoot Championship - Little Known Facts	Test your knowledge in all types of categories to find out if you truly are a Kahoot champion. Topics and trivia will come from everywhere like food, movies, music, little know facts and many more. Do you have what it takes to take home the grand prize? Bring your own device and find out by being part of the HMS Kahoot Championship.	Session 3 only! LOCATION: Room 109
TIE DYE	Students will create a one-of-a-kind tie dye t shirt in this exciting Hilliard U class. Students should bring a white, washed t-shirt for dying.	Sessions 1, 2, & 3 LOCATION: Court Yard
“Preschool” with Friends	Play-doh creation, dice and card games, side-walk chalk and popsicles. Join us for some fun relaxing time with friends.	Session 1, 2, & 3 LOCATION: Room 111 & Sidewalk by bus lane & grassy area
Crash Course Presidential Election 2016	Primaries, political parties, candidates, brokered conventions & electoral college, oh my! Breaking it down	Session 1, 2, & 3 LOCATION: Room 205
The Heritage Rodeo	We will be covering the basics of bull riding, roping, and horse showing	Session 1, 2, & 3 LOCATION: behind Softball Field
Cricut College	Learn how to use the Cricut machine to cut out letters for any type of presentation. You will have a choice of many fonts, sizes and colors.	Session 1, 2, & 3 LOCATION: Media Center
CrossFit for Kids!	CrossFit for Kids!	Session 1, 2, & 3 LOCATION: Fitness Room
Minute To Win It	Play and compete for bragging rights among your friends and use Growth Mindset skills to never give up on difficult challenges!!!!	Session 1, 2, & 3 LOCATION: Room 127

Heritage U 2016 Class Catalog - June 2nd

Seabass on the Grass	Come hang outside to relax, eat a snack, talk with friends and listen to music.	Session 1, 2, & 3 LOCATION: Area between HMS & Darby
Acting Improv 102	Have fun with basic acting exercises as you learn to use your voice, body, and imagination to “become” another character. Unlock your creativity and confidence as you develop your acting skills and valuable communication techniques. You’ll perform student-created scenes while we have FUN!	Session 1, 2, & 3 LOCATION: Room 149
Logic Puzzles	A variety of number and shape puzzles involving logic as well as trial and error	Session 1, 2, & 3 LOCATION: Room 245
Dog Grooming and Trickery 101	Learn the basics of dog grooming (brushing, trimming, and nail clipping) and learn how to teach tricks and give basic commands. Dogs will be provided :-)	Session 1, 2, & 3 LOCATION: Room 207
Intro to Computer Coding	Have you ever wondered how computer games (and other programs) are created? Learn how computer code is created by choosing one of three interests (Star Wars, MineCraft or Frozen) and using a fun, interactive game.	Session 1, 2, & 3 LOCATION: Room 169
Origami	Japanese art of paper folding. Learn how to fold paper into decorative shapes and figures.	Session 1, 2, & 3 LOCATION: Room 202
Cross Stitching	Students will learn how to do basic cross stitching and create a easy cross stitch picture	Session 1, 2, & 3 LOCATION: Room 209 (Panther Center)

Heritage U 2016 Class Catalog - June 2nd

Fishing 101. 5 ...The next step.	After learning how to tie hooks in Fishing 101 students will move to casting and line management with an emphasis on not tangling with other anglers. More advanced anglers will move directly to casting with an emphasis on catching fish.	Session 1, 2, & 3 LOCATION: Pond
Flag Football/Panther Ball	Student will engage in a friendly game of flag football/panther ball	Session 1, 2, & 3 LOCATION: Practice Field
Wiffle Ball Bonanza	Come test your skills in a backyard classic and experience this childhood favorite at an elevated level. You will have the chance to go up against some of the best Wiffle talent on this side of the Mississippi. Compete to claim the title of "Wiffle Champion of THE Heritage". There's no crying in Wiffle Ball!	Session 1, 2, & 3 LOCATION: Baseball Field
The Lit Cafe	Bring your poetry, short stories, or any writing pieces you are proud to share with your peers. This is an opportunity to read and/or perform your original piece in a safe environment. If you don't have an original piece that you have written, feel free to bring one from a favorite author to share. Drink and snacks will be provided for your bravery!	Session 1, 2, & 3 LOCATION: Room 213
B-I-N-G-O (and other fun games)	We will play BINGO and other games!	Session 1, 2, & 3 LOCATION: Room 213

Heritage U 2016 Class Catalog - June 2nd

The HMS Music Department Presents: A Lip Sync Battle	Students will choose songs from a pre-approved list and compete to see who has the best lip sync/dancing skills.	Session 1, 2, & 3 LOCATION: Band Room (Rm.159)
Barista Training	Learn how to make a selection of Starbucks' finest beverages!	Session 1, 2, & 3 LOCATION: Room 243
Walking 101	Enjoy conversations with friends while walking in the fresh air	Session 1, 2, & 3 LOCATION: Track