


Participate in the December

#HMScares Challenge!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 I NEED A MULLIGAN!  mul-li-gan (muhl-i-guhn) <i>a shot not counted against the score</i>	2 Give three compliments to people you don't know well.	3 Locate an Inspiring quote. Write it down for yourself and share it with someone else.	4 Find out the name of someone you see often but don't know and say "hello!"
7 Hold the door for at least three different people.	8 Tape change to a vending machine with a note saying, "This one is on me!"	9 Pay for a soldier's, friend's or stranger's coffee/meal.	10 Donate food or personal hygiene items to a local food pantry.	11 Call someone who would love to hear from you.
14 #HandItForward Campaign	15 #HandItForward Campaign	16 #HandItForward Campaign	17 #HandItForward Campaign	18 #HandItForward Campaign



It's easy to participate!

First, accept each day's challenge.

Post about it w/ **#HMScares** (*your choice of social media*).

Then, get ready to wrap up the challenge with the national [#HandItForward](#) campaign during the week before break!

(Campaign involves writing five handwritten notes)

